

# Take **Vitality™**

for superior daily nutrition  
that's powered by **Oligo™**

Every day you need to take in many micronutrients that are essential to proper cell and organ function. But a modern diet—even a healthy one—may not give you all the nutrition you need. Those absent nutrients have to come from supplements.



## **Everybody should be taking the *Vitality Pack*.®**

Powered by Melaleuca's exclusive, *Oligo* technology, the *Vitality Pack* fills the nutritional gap your diet leaves. Thanks to *Oligo*, each vitamin and mineral is more absorbable and bioavailable for your body.

To learn more about the nutritional benefits of *Oligo*, simply visit: [Melaleuca.com](http://Melaleuca.com).

## ACTIVE LIFESTYLE

Once you have taken care of your core nutritional supplementation, rely on these additional products that address your specific health goals.



**TURN ON THE FAT BURNING**  
*Access® Bars* and *Shakes* switch on your body's ability to burn fat in a way no other energy supplement can. *Access* provides a formula that is, which is clinically proven to reduce body fat, improve muscle tone, help keep fat off, and increase endurance.



**REPLENISH ELECTROLYTES**  
During exercise, your body is using electrolytes fast. Keep going strong with *Sustain™ Sport*, maximise muscle performance, protect against cramps, and convert carbs into energy.



**HELP YOUR MUSCLES RECOVER**  
Give your muscles the recovery support they need with *ProFlex20®*, *Vitality Elevate Ultra Performance Protein®* and *Amino Boost®*. The fast-absorbing protein inside helps muscles recover quickly as you cool down, and contributes to the optimal muscle tone and health you are hoping for with your active lifestyle.

## CARDIOVASCULAR



**SUPPORT HEALTHY CHOLESTEROL**  
The phytosterols and omega-3s in *Phytomega®* help block cholesterol absorption and promote healthy triglyceride levels—two keys to a healthy heart.



**SUPPORT BLOOD PRESSURE**  
*ProvexCV®* gives you the powerful blood pressure support you want with its patented blend of grape skin and seeds. Plus Ginko Biloba, Bilberry, Papain and bromelain.



**SWEEP AWAY TOXINS**  
Good cardiovascular health depends on fibre. *FibreWise™*, with its unique blend of seven natural fibre sources—including psyllium husk—helps lower cholesterol and helps reduce the risk of heart disease as it collects and sweeps away toxins and waste from your body.

